

DREAMS junior

Stimulating creativity

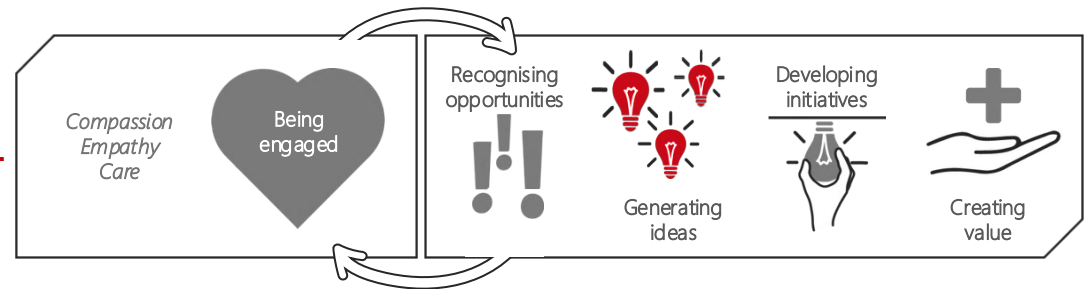
age 4 - 6

age 7 - 9

age 10 - 12



50 min



SUITABLE

- If children only suggest obvious ideas.
- To stimulate 'out of the box' thinking.
- To turn fantasies into creative, new, feasible ideas.

TIPS

- Start with a creative energiser to free up thinking, e.g. how would you use a fork in the distant future if you knew we no longer ate with them?
- Ask more concrete questions for children with less imagination.
- Appreciate discarded ideas by displaying drawings.

MATERIALS

Paper, pens or coloured pencils

STEP 1

Ask the children to close their eyes.

Describe an ideal, but open situation in the future.

Ask a number of exploratory questions to stimulate dreaming. Indicate that anything is possible and nothing is 'wrong'.

- What do you see around you?
- What do you hear?
- ...

STEP 2

Ask questions that the children answer 'in their heads' and visualise so that the ideal situation becomes increasingly concrete and detailed.

STEP 3

Let the children open their eyes and think quietly about the ideal situation they have created.

STEP 4

Ask the children to draw a picture of their ideal situation.

STEP 5

Lead a class discussion about the drawings.

- What did the children imagine?

Discuss with the class which ideas they can turn into actions.

- Which fantasies could actually be realised? What would we need to change about the fantasy?
- Who/what is needed to change something? Who can help us with this?

Source: -



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**sociaal
ondernemen
in de klas**

Example

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Context

During morning circle time, a child brings in an article from the local media. It was reported that an elderly woman from the neighbourhood had fallen and had been calling for help for two days before anyone found her. The ensuing discussion reveals that many children do not really know their neighbours. The teacher takes this opportunity to have the children explore the neighbourhood. They find out that there is little connection in the neighbourhood, no 'life' on the streets, neighbours do not know each other, some people regularly feel lonely, etc. The question now is: how can we bring back a sense of community or connectedness to the neighbourhood?



STEP 1

Put on some soft, relaxing music.

"Close your eyes and breathe in deeply... and out... dream a little..."

Imagine walking through your neighbourhood, but it is different from how it is now. This is the neighbourhood of the future, where people know each other, help each other and work together to create a pleasant place to live (= open, ideal situation). What do you see? What do you hear? Everything you see/hear is fine, nothing is too crazy."

STEP 2

Ask questions that the children answer 'in their heads' and visualise.

- What does the neighbourhood look like?
- What fun things do you see the children and adults doing together?
- How do the children and adults interact with each other?
- What do the children and adults do to help each other?
- What else would you like to see in this pleasant neighbourhood?
- ...

STEP 3

Let the children open their eyes. Let them think quietly about some follow-up questions.

- Would you like to live in the neighbourhood you have imagined?
- What makes you want to live there?
- What are you proud of?

STEP 4

Ask the children to draw a picture of their ideal situation.

STEP 5

Lead a class discussion about the drawings. Discuss with the children which ideas they can turn into actions. This may mean that adjustments are possible.

*More flowers in the street → ask local residents, distribute seed bombs

*Nice lighting → own decorations, ask the council what is possible

* ...